



TOPSoccer Volunteers Needed! Become a **TOPSoccer Buddy**

What is TOPSoccer?

TOPSoccer is a community-based training and placement program for children with disabilities that allows them to be part of a soccer club. Through TOPSoccer, young athletes in grades K-12 will be working on teamwork, socialization, physical fitness, self-esteem, and development of skills. Activities will be adapted and modified as needed to allow participation and enjoyment for each child.

What is a Buddy?

A buddy is a volunteer paired up with a TOPSoccer athlete. Roles of a buddy can include creating successful opportunities for athletes, facilitating interactions with other athletes, and keeping the athlete safe and engaged. Soccer experience is not required, but can be a plus and you can earn community service hours for your commitment to the program. Training will be provided to all buddies.

Sign up to be a buddy if...

- You are at least 12 years old
- You can make a commitment to the program, attending at least 5 of the 7 sessions
- You can commit to attending one training session (about 30 minutes)
- You want to give back to your community in a unique and meaningful way

Program Details:

- Fall season dates are the following Sundays: 9/8, 9/15, 9/22, 9/29, 10/6, 10/20, 10/27
- Practices are at the Fruit Street grass fields; exact time is TBD but will be late afternoon around 4 or 5:00pm (first 15 minutes for setup and pre-practice meeting, next 60 minutes involves working with players)

Ready to become a Buddy or need more information?

Contact Program Director, Jessica Bruce, at topsoccer@hopkintonsoccer.org